

TRUE Stretch®

ENHANCES WORKOUTS AND REDUCES INJURY RISK

The revolutionary TRUE Stretch® provides a dedicated, self-contained stretching area that gives users a safe platform for comprehensive stretching to increase flexibility and reduce the risk of injury. TRUE Stretch® eliminates the need for floor-based stretching or leaning uncomfortably over other equipment or an exercise ball. The TRUE Stretch® is state-of-the-art flexibility equipment that provides an effective stretching regimen for all ages and body types.

FEATURES

- + Solid Steel Construction
- + Space-Efficient Design
- + Easy-to-Follow Placards

SPECIFICATIONS

DIMENSIONS (H X W X D)

87" x 48" x 57" (221 cm x 122 cm x 145 cm)

TRUE Stretch® PRO 94" x 48" x 57" (239 cm x 122 cm x 145 cm)

FRAME

Structural Tubular Steel Frame

BASE SURFACE

Polyethylene Platform with Non-Skid Rubber Padding

PRODUCT WEIGHT

180 lbs / 82 kg

COLOR

Charcoal/Black

PLACARDS

Available with a Standard or Golf Placard
(see reverse side for more details)



SPACE EFFICIENT, SOLID STEEL CONSTRUCTION

The footprint of the TRUE Stretch® is 87" H x 48" W 57" D (221 cm x 122 cm x 145 cm) which protects your valuable floor space and adds considerable value to any exercise routine. The **TRUE Stretch® PRO** has a slightly taller footprint of 94" H x 48" W 57" D (239 cm x 122 cm x 145 cm). Like all TRUE® equipment, the TRUE Stretch® is built to endure the rigors of daily heavy usage. Constructed from tubular steel for strength, it is protected by a charcoal powder coat finish and covered by a one (1) year parts warranty.

PLACARDS - Easy-To-Follow Stretching Regimen

Choose between a **STANDARD** or **GOLF** placard. Displayed on the frame, this full color illustrated card is organized by muscle groups that features 30 different stretching exercises all which are designed to mimic real-life, real world stretches. TRUE Stretch® effectively stretches the body in all three planes of motion (front to back, side to side, and rotational) while keeping the user in natural upright positions with four points of contact (both hands and both feet) for proper body alignment, stability and safety.



STANDARD: Full color illustrated display organized by muscle groups that feature 30 different stretching exercises all which are designed to mimic real-life, real world stretches.



TRUE STRETCH GOLF: Preferred choice among golf professionals. The TRUE Stretch® features a solid, scientific design that helps golfers increase flexibility and minimize injury through simple and safe stretching exercises. The TRUE Stretch® is featured in 40% of the Top 100 golf courses in the United States.

FRAME	Frame	Structural Tubular Steel Frame
	Finish	Powder Coat Paint
	Base Surface	Polyethylene Platform with Non-Skid Rubber Padding
PHYSICAL SPECIFICATIONS	Footprint	87" H x 48" W x 57" D (221 cm x 122 cm x 145 cm) / TRUE Stretch® PRO 94" H x 48" W x 57" D (239 cm x 122 cm x 145 cm)
	Weight	180 lbs / 82 kg
	Shipping Weight	246 lbs / 112 kg
	Maximum User Weight	500 lbs / 227 kg
WARRANTY	Warranty Classification	Parts 1 Year, Labor 1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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